## SAY HOW YOU FEEL

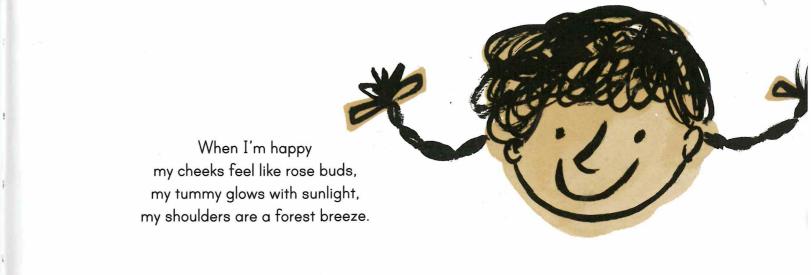
The emotion in your voice helps the audience know how the poem should make them feel. Change your tone and try and show your different emotions as you read these poems.

When I'm sad
it feels like the sky is crashing down,
like the oceans are rising
and the ground is swallowing me up.
All is dark and cold.





When I'm nervous
it feels like my heart
is going to lightning-strike out of my chest,
like my skin is raining,
like my belly is a mudslide.





When I'm angry
my body is rock,
my face is wet clay.
Meteorites inhabit my fists,
my voice is all smoke and fire.

When I'm excited
my toes are ants,
I'm a river bubbling
and an air current of wishes,
my smile could explode the sun.

